

Telehealth & Medical Cost-Sharing Solutions

At Optimal TeleHealth, we provide a range of membership options, including telehealth and medical cost-sharing plans, to accommodate diverse healthcare needs. We are committed to providing flexible, personalized healthcare solutions, ensuring convenient access to affordable medical services while giving you control over your costs.

Essential Care

*Individual Membership: \$15/month
Family Membership: \$25/month*

- ✓ Exclusively Telehealth
- ✓ 24/365 Access to Urgent Care
- ✓ Dermatology Consultations
- ✓ Behavioral Health
- ✓ Patient Advocacy Services

Primary Care

*Individual Membership: \$35/month
Family Membership: \$50/month*

- ✓ Exclusively Telehealth
- ✓ All Services in Essential Care
- ✓ 1:1 Physician Relationship
- ✓ Patient Advocacy Services
- ✓ Chronic Illness Treatment

Optimal Care

Pricing Is Based on Monthly Contributions & Members Covered

- ✓ Telehealth & In-Person Care
- ✓ All Services in Primary Care
- ✓ Medical Cost-Sharing
- ✓ Pharmacy Care
- ✓ Major Medical

About Us

We are dedicated to empowering proactive health investment without financial strain. Our innovative approach ensures substantial financial relief and access to comprehensive care. We firmly believe in prioritizing both affordability and quality, reflected in our telehealth and cost-sharing memberships. With an unlimited network and unmatched savings, we deliver an exceptional healthcare experience.

Our Mission

Our mission is to inspire and educate employers and consumers, showing them that quality, affordable healthcare is within reach, liberated from the constraints of traditional insurance. We are committed to offering healthcare solutions where individuals enjoy access to high-quality care while confidently controlling their healthcare expenses, fostering a brighter and more empowered future for all.

Membership Comparison

Services	Optimal	Primary	Essential
Medical Cost-Sharing	✓		
1:1 Physician Relationship	✓	✓	
24/365 Urgent Care	✓	✓	✓
Behavioral Health	✓	✓	✓
Patient Advocacy Services	✓	✓	✓
Major Medical	✓	✓	
Pharmacy Care	✓		

**Essential Care and Primary Care Memberships are exclusively offered virtually.

